

CLITHEROE

Source:

Music:

Sticks: short, held at bottom, long ribbons attached to top

Once to Self: all face up with hands down at sides, sticks hanging down at sides.

Repetitive Movement: "Step-Up": between each figure.

All face up to start. Hands up or down on first beat of movement

Bars 1 - 2: walk backwards 4 steps, start inside foot, hands at sides, turn to face opposite across set on 4th step.

Bars 3 - 4: facing across, change sides with skip step, passing right shoulders, and having both hands up, turning to face up on the last hop.

Bars 5 - 6: facing up, walk forward, on other side, hands at sides, turn to face back across set on 4th step.

Bars 7 - 8: facing across, change sides back with skip step, hands up and passing right shoulders, ending facing up.

The Conductor dances at the top facing down the set, doing walk step or polka as appropriate. He signals the fall back by swinging right arm forward from above head down in front of body.

FIGURE 1 - Gipsy - in 4's

All face up throughout, using polka step throughout and both hands up. The pattern is 2 bars move, 2 bars hold the position. Conductor polkas on spot facing down.

Bars 1 - 2: in 4's, first pairs move to their left and backwards half a place, while second pairs move up to right to form a line of 4 across the set, facing up.

Bars 3 - 4: polka on spot in line of 4 facing up. Make this a definite feature.

Bars 5 - 6: complete change place by first pair retiring to second pair place and second pair going up to first pair place.

Bars 7 - 8: polka on spot facing up in column

Bars 9 - 16: repeat to place with original first pair moving up the outside.

End hands down at sides to start step-up.

FIGURE 2 - Arches - in 4's

All face up throughout, using polka step.

Bars 1 - 4: in 4's, first pairs make arches with inside sticks up and crossed and outside stick down and polka backwards down outside to second pairs' place.

Second pairs, with hands down, polka up under the arch to first pairs' place, ducking a little in going under.

Bars 5 - 8: carry on round to original place with original second pair making arch.

Bars 9 - 16: Repeat.

The Conductor polkas right round the set or half way round and then up under the arches to the top.

FIGURE 3 - Hands Across - in 4's. - inside foot in front first

Bars 1 - 2: polka in to form right hands across, all facing round clockwise.

Bars 3 - 8: polka round about  $1\frac{1}{2}$  turns, outside stick up vertically, inside sticks up vertically together in centre.

Turn in, clockwise at end to face back. (8th bar)

Bars 9 - 14 : polka round with left hands in, counterclockwise.

Bars 15 - 16 : polka out to place, ending facing up, odds turning right to do so.

The Conductor polkas a figure 8 round the two stars.

FIGURE 4 - Cross Over - in pairs

All face up throughout. Sticks up vertically in front and hands well apart throughout.

Bars 1 - 2 : all "chassey" across, odds in front of evens, to opposite place. Not an open slip step but closed, crossing feet over, left foot lead, that is across in front, when going to the right and vice versa.

Bars 3 - 4 : all hop 4 times on inside foot, shaking free leg in front

Bars 5 - 8 : repeat hops, 4 on outside foot, 4 more on inside foot.

Bars 9 - 10 : chassey back, closed step again, other foot leading.

Bars 11 - 16 : 4 hops on inside, 4 on outside, 4 more on inside foot.

The Conductor signals the crossing by crossing arms over chest. He is either stationary in the chassey and joins in on the hops or hops throughout.

FIGURE 5 - Cast Up - whole set

All face up throughout. Whole set movement. Hands down when stationary.

Bars 1 - 4 : bottom pair polka up centre of set to top, inside hands touching, while rest of set stand still. Start inside foot across first in the polkas.

Bars 5 - 8 : all polka, rest move back one place in set, bottom pair move out to take top place.

Repeat for every pair.

The Conductor polkas throughout or at least when everyone is polkaing. He comes down centre of set and leads the last pair up the centre to the top.