

**Hook Eagle
Morris Men**



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Source:
Devised by Richard Walton of Hook Eagle Morris Men.

Tune:
Salmon Tails

Formation:
Normal set of 6 or 8.
Short sticks.

Step:
Single step throughout.

Sequence:
Each figure consists of:
- foot up or foot down
- sticking
- first half of figure
- sticking
- half hey
- sticking
- second half of figure
- sticking

Dance finishes with a final foot up and sticking.

Figures are:
Waistaround
Cross over
Stars
Rounds

Sticking:
FFF-FFF-FFF-FFF-
Forehand taps for 8 steps, each FFF- corresponding to two steps (LhRh).

Foot up / Foot down

Each sequence starts with a foot up or foot down for 8 steps, depending on which end No.1 is currently: if at top of set then foot up, if at bottom then foot down. All dance 4 steps up (or down) turning out on step 4, and then dance 4 steps back to place, turning in to face partner on the 8th.

Half hey:

Half hey on the side - 8 steps. For 6: middles start by passing right shoulders with original 1&2. For 8: middles turn out.

Waistaround:

Straight into 8 steps waistaround, and ending up in opposite position.

Crossover:

First half: 4 steps across passing right shoulders, turn to right to face in on step 5, step 6 on the spot, in to opposite's set position on step 7, step 8 on the spot.
Second half: same but cross passing left shoulders, and turn to left.

Stars:

First half: Right hand stars for 8 steps (middles go to the right) and back to place.
Second half: Left hand stars (middles go to the left).

Rounds:

Turn out into clockwise half rounds, 8 steps.

Hay on Wye

Source:
Roy Dommert workshop, Alton

Tune:
Redesdale Hornpipe

Formation:
Set of 8 in two rows of 4.
2 short sticks each.

Step:
Single step for figures.
Stand for chorus.

Sequence:
Foot up
Chorus
Swap diagonals
Chorus
Inside out
Chorus
Back to back
Chorus
Inside out
Chorus
Swap diagonals
Chorus
Rounds and finish

Foot up:

8 steps on the spot, facing up, then turn out and down on the hop of step 8 to do 8 steps facing down, turning in to face partner on last 2 steps.

Chorus:

Sticking with partner:
RR LL RR LL RR LL RLR-
Repeat.

Swap Diagonals:

Always pass right shoulders:
1 and 3 change places with 6 and 8, two steps.
2 4 6 8 becomes 2 4 1 3
1 3 5 7 becomes 6 8 5 7

2 and 4 change places with 5 and 7, on two steps
2 4 1 3 becomes 5 7 1 3
6 8 5 7 becomes 6 8 2 4

Middles change places on the spot
5 7 1 3 becomes 5 8 2 3
6 8 2 4 becomes 6 7 1 4

Two steps on the spot, for middles to turn back to face in.
Repeat, so all end up opposite original position:
5 8 2 3 -> 5 8 6 7 -> 1 4 6 7
6 7 1 4 2 3 1 4 2 3 5 8

-> 1 3 5 7
2 4 6 8

Inside out:

Middles dance out between ends (3&4 between 1&2, 5&6 between 7&8), and dance most of a figure 8 around the end two (4&5 go through their gaps before 3&6), and take 12 steps to dance round and finish in a line with the ends, thus:

2 4 6 8
1 3 5 7

becomes
4 6
2 8
1 7
3 5

..while ends keep stepping on the spot facing front. As the middles get to position to form wide set at right angles to original position, on step 12, all turn to face new partner. Then all do 2 steps on the spot in wide set, 2 steps in to form set at 90° to original position.

Back to back:

Side nearest music do Right shoulder back to back round other side, who keep stepping on the spot: 1 step to surge across, 2 to get round partner and into line with the other side, 1 on the spot, 4 back to place.
Repeat, with other side moving and side nearest music on the spot.

Rounds:

Turn the long way into clockwise rounds. All jump into middle to finish.