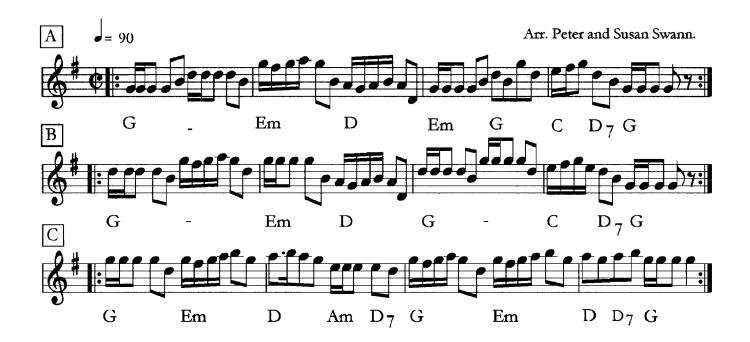
1 SOFT AND SWEET



Set dance for three couples.

Play AABBCC Three times.

- A1 1st couple set right and left, cross over and cast. 1st man dance a right hand star once round with 2nd and 3rd women as the 1st woman dances a left hand star with the 2nd and 3rd men.

 First couple finish in middle place improper.
- A2 1st couple set right and left. 1st woman cast to the bottom of the set and left hand star with the 3rd couple as the 1st man casts to the top and left hand star with the 2nd couple.

 Finish in lines of three facing with the 1st couple in the middle of the lines.
- B1 1st couple gipsy right three quarters to their own side then all circle left for six once round.
- B2 Circular hey once round. (1st couple in middle place face down to start).
- C1 1st couple cross over. 1st man lead out 2nd and 3rd women while 1st woman leads out 2nd and 3rd men. Lines fall back. 1st couple turn to face and turn 2 two hands half way round while the 2nd and 3rd women and the 2nd and 3rd men turn two hands half way round. (Progression).
- C2 1st man lead out 2nd and 3rd men while the 1st woman leads out the 2nd and 3rd women. Lines fall back and turn right to face then all turn partner two hands once round.

Source. "Johnson's Choice Collection" Vol. 7. No.117.