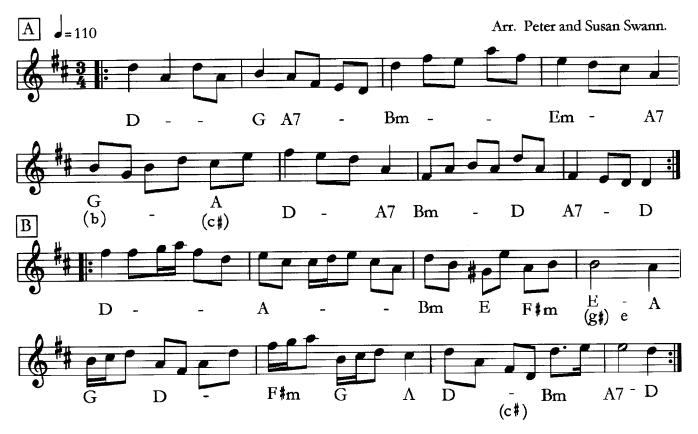
7 VALIANT JOCKEY



Longways for as many as will. Duple minor set. Play AABB Ad Lib.

- A1 1st couple cast off, then the 1st and 2nd couple dance a double figure eight. (1st couple cross up to start). Then 1st couple lead up to their original places as the 2nd couple move down to their original places.
- A2 2nd couple cast up (1st couple move down), then 1st and 2nd couple dance a double figure eight. (2nd couple cross down to start as the 1st couple cast up). Then the 2nd couple lead down to their original place as the 1st couple cast up.

The set is now back where it started.

- B1 Men lead through the women and cast back to places, then the 1st couple lead through the 2nd couple and cast back to places.
- Women lead through the men and cast back to places then all step set and 1st couple cast as the 2nd couple lead up.

Source. "The Compleat Country Dancing Master" (Walsh 1718) No. 186.