

THE TEMPLE OF HEALTH

A

B

Set for 3 couples longways

- A1** Hey on your own sides (Grimstock style) and one extra change to progress 1st couple.
- A2** Circle 6 L. and R.
- B1 1 – 2** Balance R. and L.
- B1 3 – 4** All change sides.
- B1 5 – 6** Balance R. and L.
- B1 7 – 8** All change sides.
- B2 1 – 2** 2nd man and 1st woman change places R.S. while 1st man and 3rd woman do the same.
- B2 3 – 4** 2nd woman and 3rd woman change places R.S. while 2nd man and 3rd man do the same.
- B2 5 – 6** 1st woman and 3rd man change places L.S. while 2nd woman and 1st man do the same.
- B2 7 – 8** All turn Single.

(3rd couple now at top, 1st couple in middle and 2nd couple at bottom.)

Source: Thompson's Compleat Collection Vol. V