MILK MAIDS BOB



Play the tune 10 times

Set dance for 4 couples longways

PART 1 The tune twice through.

Up and back a double twice. 1st and 2nd cu. a double figure 8 while 3rd and 4th cu. do the same. (Middles cast towards the ends while ends cross through the middles to start the figure 8.)

PART 2 The tune three times through.

Sides all left and right twice. End couples meet and circle 4 hands half way round, while middles cast to the ends and turn 2 hands half way. Repeat this movement 3 more times to place.

PART 3 The tune five times through.

All arm R. and arm L. with partners. 1st man cross over R.S. with 2nd woman and then R.S. with 2nd man, and turn R. to face 2nd man who also turns to his R. to face WHILE 4th man changes places L.S. with 3rd woman and then L.S. with 3rd man and turns L. to face 3rd man who also turns to his L. to face. 1st man and 3rd man corners cross 4th man and 2nd man the same WHILE 1st and 2nd woman turn 2 hands once round and 3rd and 4th woman do the same.

Repeat this whole movement 3 more times to place the 1st and 4th woman starting the movement the second time. The 2nd and 3rd women the third time and 2nd and 3rd men the fourth time.

Source: The Dancing Master. 4th Edition 1670 (Playford)