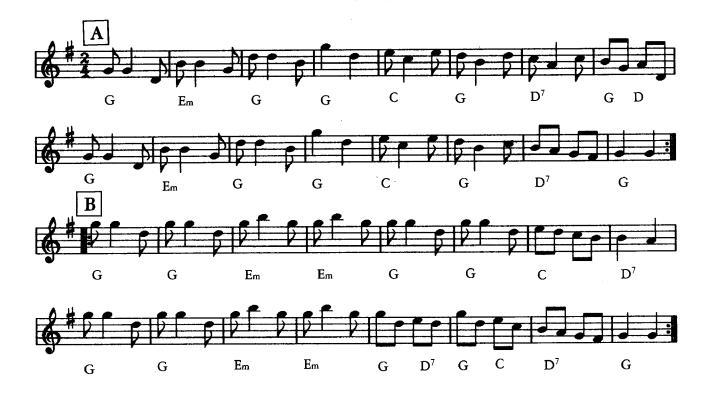
## THE STEEL HOOP



## Set dance for 3 couples longways

- A1 1st cu. cross over R.S. and dance down the outside of the set giving inside hands to 2nd cu. who face out and turn them round. 1st cu. cross over L.S. and dance down the outside of the set giving inside hands to 3rd cu. who face out and turn them round. 1st cu. repeat from the bottom of the set back to place.
- A2 1 8 1st and 2nd man set R. and L. to 2nd and 3rd woman. Turn S. away and circle L. for 4.
  - 9 16 1st and 2nd woman set R. and L. to 2nd and 3rd man. Turn S. away and circle L. for 4.
- B1 1 8 1st cu. slip down middle and back.
  - 9 16 1st cu. cast into middle place lead through the bottom and cast up into middle place: and turn single.
- B2 1 8 1st cu. R. and L. hand star at bottom.
  - 9 16 1st cu. 4 changes circular hey with top partners facing. 1st cu. and bottom cu. one extra change to progress.

Source: Two Hundred Favourite Country Dances (Johnson)

© Copyright 1992 Kepas Consultants. Eynsham Oxford