

Balance and Sing Store Update ~ Fall 2016



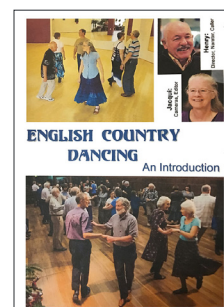
Twice as Nice

Caller Melanie Axel-Lute presents her second book of contra and English country dances. Written instructions provided for 35 contras of various levels of difficulty, including four dances written in conjunction with Melanie's granddaughter (then aged eight). The book also contains instructions and music for six English country dances. Spiral bound. 42 pp. \$12.00

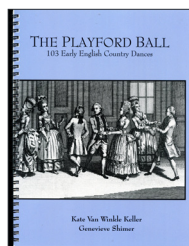


An Introduction to English Country Dancing

From Henry and Jacqui Morgenstein, this 40 minute DVD introducing English country dancing teaches the basic moves found in many dances and explains the structure of the dance, all while entertaining you with information about the history and practice of ECD. The DVD has a "scene selection" menu so you can easily find specific lessons. Music for the dances are from recorded CDs of Bare Necessities and live performances at Emmanuel College in Cambridge, UK, by Notorious (Eden MacAdam-Somer and Larry Unger). Henry Morgenstein is the caller and the narrator (voice over). This is a fantastic resource for anyone just starting out in ECD or for groups to provide to their new dancers. DVD. \$10.00



The Playford Ball (spiral bound reissue)



Following on the recent success of *The Playford Assembly*, we have reissued the original CDSS publication of over 100 classic dances of the 17th and 18th centuries, with facsimiles of the original dance and tune and modern notation of both, historical notes for each dance, plus a discussion of modern English dance technique. Now in a convenient spiral bound format! Revised, 1994, 120 pp. \$20.00



B E L L S

Shipping schedule

Mail orders, donations and memberships are processed each work day, Monday thru Friday, 9:30 am to 4:30 pm. Books, recordings, etc., are shipped from our store twice-weekly, usually on Tuesdays and Thursdays.

We've shipped out over 3,000 bells in the last five months. Have you ordered yours? For size and price info, see <http://store.cdss.org> for more info. Let the dancing continue!



The Fall and early Winter Holidays are coming. Shop our online Store for those special recordings, books, DVDs, and other goodies for the gift-giving days!

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<http://www.store.cdss.org>