

Waltz Circle Mixer—Lighter Than Air

by Susan English

Double circle of couples, one circle of couples facing center and a second circle facing them (i.e. circular Becket formation)
1 waltz step = 3 beats = 1 measure

- A Joining inside hands with partner, do-si-do as a couple with opposites (4 waltz steps)
Opposite individuals do-si-do (4)
Circle left once around (4)
Left hands across star once around (4)
- B Right hand to opposite, balance forward and back (2), twirl to swap (“box the gnat”)(2)
Left hand to partner, balance forward and back (2), twirl to swap (“swat the flea”)(2)
Right hand to opposite, balance forward and back (2), twirl to swap (“box the gnat”)(2)
Circle left three quarters and slide left (with your new partner) to face new opposites (4)

Teaching Tips: Explain before the walk through that, while the women progress one place to the left each round, the men progress from the inner circle to the outer circle or vice-versa. Before walking through the second part of B, explain to the dancers that, after the box the gnat, your opposite will become your new partner when you progress.

Music: *Lighter Than Air* by David Engle or any suitable 32 bar waltz

The Lighter Than Air Waltz

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The musical score is written in treble clef with a key signature of one sharp (F#) and a 3/4 time signature. It features four staves of music. The first two staves contain the melody, with chord markings G, C, D, and G above the notes. The last two staves contain the accompaniment, with chord markings G, D, C, D, G, D, and G above the notes. The piece concludes with a repeat sign and first and second endings.

Our 2018 camp brochure is also available as a colorful online flipbook. Find a link to it at www.cdss.org/camp. You'll also find full descriptions of our adult weeks, family weeks, and mini-courses; schedules; staff lists; registration and scholarship information; and much more. See you at camp!

